



Cacao Ceremony Flash Cards

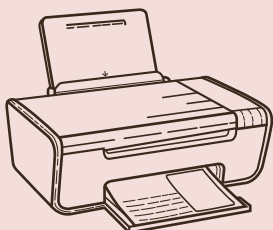
Open your heart,
alchemize your deep-rooted
limiting beliefs
and ignite
expanded awareness
and extraordinary new realities



Step 1

Print this file. in colour
Buy thick paper
for your printer
(approx 110 lb
cardstock)
or email this file

to a printshop & request this paper
thickness



Step 2

Follow the cut markings
and cut out
each Flash Card



Step 3

Begin your
personal
Cacao
Ceremony
and drink
your Cacao



Step 4

Shuffle and use when you wish,
as part of your personal
Cacao Ceremony.
Read the prompt
on the Flash Card and
sit in silence
as you receive
messages/insights
from the
Cacao Consciousness





Cacao Ceremony Flash Cards

Cacao Ceremony Flash Card



There is a message inside of me that
I am now ready to hear.

It's a message that holds deep knowing & profound
wisdom from my Soul.

It's a message that will guide me in making a change in my beliefs
that will forever expand my Consciousness and
create a new reality for me.

**I close my eyes NOW and INVITE this message
into my presence.....**

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Cacao Ceremony Flash Card



What specifically in my past keeps
revisiting me and is no longer serving me?

What cycle or pattern can I acknowledge RIGHT NOW, that
continues to be expressed over and over again, resulting in a
limited version of myself?

**I close my eyes NOW to acknowledge this pattern
and envision a new possibility & reality into my
presence.....**

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Sit quietly and observe the SILENCE.
Observe the STILLNESS, the peace.
The perfection in the SPACE and the PAUSE.
There is more to HEAR in SILENCE than in words.

**I close my eyes NOW to access Universal SPACE
and I listen and hear its messages.....**

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Cacao Ceremony Flash Card



What is affecting my peace right now
more than anything else?

What limiting belief & story have I created about this?

There is another way to look at this situation, from a
higher perspective and awareness, to liberate myself & bring
peace into my Being.

**I close my eyes NOW & invite a new empowering
perspective from a Higher Consciousness into
my presence.....**

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What specifically is upsetting me right now?
I acknowledge that every challenge is a catalyst to
experience growth and raise my Consciousness.
Evolution can't happen without catalysts.
Therefore, I am not upset for the reason I think.

**I close my eyes NOW & think of what's upsetting
me. I invite a new empowering perspective from
a Higher Consciousness into my presence.....**

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Cacao Ceremony Flash Card



Think of something you wish to have in
your future.

Now say it like this: "When I have _____, I will be _____".

For example, "When I have my new dream house, I will be happy".

Now remove the 1st part & read just the 2nd part as "I am _____"

**I close my eyes NOW, think of the 2nd part of my
statement & I embody this new WAY OF BEING
as though the 1st part of the statement has
already happened.....**

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It's time to play a game:

It's time to transform your mediocre daydreams, that are keeping you in a spell, into SACRED dreams. Time to dream your world into BEING. Time to live a truly extraordinary life!

I close my eyes NOW to see, hear and feel myself living abundant, passionate, healthy & serving humanity in some way....

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What is within me that is suffering that can receive more LOVE right now?

I close my eyes NOW to bring loving awareness into my body and into my Soul

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We are Divine beings in a mammal body.
When we sit and feel the emotions that come
through us, we begin to unravel.
Access your fear or anger and don't resist what you feel.
Sit quietly and allow those emotions to come up for you and to
observe them with love and compassion.

**I close my eyes NOW and observe my fear and
anger and welcome a new awareness....**

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Cacao Ceremony Flash Card



When you and your mind are still,
you are journeying back to SOURCE.

I close my eyes NOW and lose myself to Source....

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Everything is DIVINE all the time.

Trust in Divine Timing.

What is happening right now in my life that I am resisting?

How is this Divine?

How is this Divine timing?

I close my eyes NOW and invite different perspectives into my awareness to remind me that I am experiencing Divine timing...

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When you become lost in love, nothing

else matters. Everything is new... your heart sings

and you're filled with meaning and joy. Think of a situation in your life where you feel like you are so far away from feeling lost in love. How can you become lost in love right now in this situation?

"When you change the way you look at things, the things you look at change". Wayne Dyer

I close my eyes NOW & invite new empowering perspectives to become lost in love with my life...

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